

# **Inside Out Juniors Tryouts - 2024**

## **All Tryouts are at ISO in Muskegon**

- **Register and Pay your tryout fee online** – all players must register online prior to tryouts
- **Non-refundable tryout fee: \$40 per person** – *Covers all tryouts for the 2024 club season*
- **Parent's information video is posted on the ISO Website.**
- **2024 Mizuno Package is required for the 2024 club season and must be ordered online.**  
National teams must purchase the National package-regional players may choose either the National or Regional. We are using the white Mizuno jersey from the 2023 club season again this year. If you have one from last season, you may use that one. If you do not one have, you must purchase one online.
- **Payment agreement form** – must be printed and filled out if you want to be placed on a team.  
(we will have copies at tryouts as well)
- **Deposit** - \$200 deposit must be paid by the conclusion of your tryout age if you want to be placed on a team
  - ❖ **Age is determined as of July 1, 2024**
  - ❖ **Do not play below your grade level. See age definitions below**

## **Tryout Dates and Times for Winter 2024 Teams**

<b>*Come to as many tryouts as possible!</b>		
Sun. October 22	12:00-2:00 p.m.	12's & 13's & Boys 12's
	2:30-4:30 p.m.	14's
Sun. October 29	9:30-11:30 a.m.	15's
	12:00-2:00 p.m.	12's & 13's
	2:30-4:30 p.m.	14's
Sun. November 5	9:30-11:30 a.m.	15's
	12:00-2:00 p.m.	16's
	2:30-4:30 p.m.	17's & 18's
Mon. November 6	6:00-8:00 p.m.	14's
Sun. November 12	1:30-4:00 p.m.	ISO NORTH 12's-18's <i>(in Muskegon)</i>
	4:30-6:30 p.m.	17's & 18's
	6:30-8:30 p.m.	16's

Team Placement will follow the final tryout dates. \$200 deposit due by the conclusion of your tryout. **Deposit must be paid to be placed on a team.** Deposits are only refundable if we are unable to place you on a team. Practices will begin in late November, early December for our North teams. Competition begins in early January and concludes in March for the winter season.

### **Tentative Coaching Staff for Winter Teams:**

Rick Rykse	Lindsey Balcom	Shane Balcom	Ed Bailey
Sam Nestell	Samantha Hockstra	Shawn Bectel	Austin Bectel
Kathy Hellmann	Alyssa Veihl	Lacy Perkins	Scott McGee
Haley Lemkie	Liz Holden	Alex Hoffman	Liz Johnson
Hayley Wegener	Chelsie Freeman	James Nostrant	Syann Fairfield
Kaylee Maat	Emily May		

\*Teams offered are based on try-out numbers at each age group. Typically there is at least one National level team at each age and multiple Regional level teams. We try to place every player on a team if at all possible.

### **Spring Team Tryouts will be in March for 12's through 18's.**

More information: email ISO at [isovolleyball@gmail.com](mailto:isovolleyball@gmail.com)

## **AAU: Age Definitions (2024)**

**18 & under (12<sup>th</sup> Grade and below)** Players who were born on or after July 1, 2005

- or born on or after July 1, 2004 and is a high school student (12th grade or below) during some part of the current academic year.
- Once a [player](#) participates in a club or varsity program for any university, college, community college or [junior college](#), he or she is ineligible to compete

**17 & under (11<sup>th</sup> Grade and below)**

- Born on or after July 1, 2006
- Or born on or after July 1, 2005 AND are in the 11<sup>th</sup> grade during the current academic year

**16 & under (10<sup>th</sup> Grade and below)**

- Born on or after July 1, 2007 \*cannot turn 17 before July 1, 2024

**15 & under (9<sup>th</sup> Grade and below)**

- Born on or after July 1, 2008 \*cannot turn 16 before July 1, 2024

**14 & under (8<sup>th</sup> Grade and below)**

- Born on or after July 1, 2009 \*cannot turn 15 before July 1, 2024

**13 & under (7<sup>th</sup> Grade and below)**

- Born on or after July 1, 2010 \*cannot turn 14 before July 1, 2024

**12 & under (6<sup>th</sup> Grade and below)**

- Born on or after July 1, 2011 \*cannot turn 13 before July 1, 2024