INSIDE Out





2024 ISO North Club Season Information



2024 ISO North Team Levels

@ 2 practices per week
Season Length: December - February or March-June
0 6 play dates
Practices will begin early December
2 practices per week
Season Length: December - February or March – June
8 play dates
Practices will begin early December



What is included in your club fees?

Local 3 Month (12U)

Training	2 practices per week
Competition	4-6 club level play dates per season
Coaching Staff	Teams will have a head coach with coaching experience. Assistants will also help with practices.
Website	$\textcircled{\ensuremath{ \otimes } }$ Team picture and roster on the website

Regional 3 Month (13U-18U)

Training	2 practices per week
Competition	8 club level play dates per season
Coaching Staff	Teams will have a head coach with coaching experience. Assistants will also help with practices.
Coach's Travel	Included in player's fees
Website	Team picture and roster on website



2024 Team Schedules

These dates and locations are subject to change

Local 3 Month

	Practice Schedule	Cost	Tournament Schedule
12U	Sundays and one weeknight	\$535	 Jan 6 – LMPL – West MI Jan 13-14 – Shoreline MLK – GR Area Jan 20 – LMPL – West MI Feb. 3 – LMPL – West MI Feb. 24 – LMPL – West MI

Regional 3 Month

Practice Schedule

ule Cost

Tournament Schedule

13U	Sundays and one weeknight	\$750	 Jan 6 – LMPL – West MI Jan 13-14 – Shoreline MLK – GR area Jan 20 – LMPL – West MI Feb. 3 – LMPL – West MI Feb 17-18, 219 President's Day Challenge – LaPorte, IN Feb. 24 – LMPL – West MI
14U	Sundays and one weeknight	\$750	 Jan 6 – LMPL – West MI Jan 13-14 – Shoreline MLK – GR area Jan 20 – LMPL – West MI Feb. 3 – LMPL – West MI Feb 17-18, 219 President's Day Challenge – LaPorte, IN Feb. 24 – LMPL – West MI

15U	Sundays and one weeknight	\$750	 Jan 7 – LMPL – West MI Jan 13-14 -Shoreline MLK - GR area Jan 27 – LMPL – West MI Feb 10 – LMPL – West MI Feb 17-18 – 219 President's Day Challenge – LaPorte, IN Feb 25 – LMPL – West MI
16U	Sundays and one weeknight	\$750	 Jan 7 – LMPL – West MI Jan 13-14 -Shoreline MLK - GR area Jan 27 – LMPL – West MI Feb 10 – LMPL – West MI Feb 17-18 – 219 President's Day Challenge – LaPorte, IN Feb 25 – LMPL – West MI
17U	Sundays and one weeknight	\$750	 Jan 7 – LMPL – West MI Jan 13-14 -Shoreline MLK - GR area Jan 27 – LMPL – West MI Feb 10 – LMPL – West MI Feb 17-18 – 219 President's Day Challenge – LaPorte, IN Feb 25 – LMPL – West MI
18U	Sundays and one weeknight	\$750	 Jan 7 – LMPL – West MI Jan 13-14 -Shoreline MLK - GR area Jan 27 – LMPL – West MI Feb 10 – LMPL – West MI Feb 17-18 – 219 President's Day Challenge – LaPorte, IN Feb 25 – LMPL – West MI

Fundraising

For the winter club season, we are offering the option of selling cookie dough to help offset club costs. Players receive 50% of the sales which goes directly toward club fees. Forms will be available at tryouts! Cookie dough must be picked up in Muskegon when it comes in.

