2023 INSIDE OUT VOLLEYBALL

**3rd - 6th Grade Winter Instructional Program**

**What is it?**

Our Winter Instructional Program consists of 4 sessions of training on Tuesday nights from 5:30-7:00 pm. Instructors will be some of our club coaches and players. Clinics will start out with training sessions stressing volleyball fundamentals such as passing, setting, hitting, and serving. We will also do some 6 on 6 type drills and games in order to teach them how the game is played***. Groups may be split based on age and skill level. Limit of 40 players. This is open to both girls and boys.***

**Where?**

Inside Out Volleyball

3367 Hoyt Street

Muskegon, MI 49444

**Clinic Cost?**

**$80.00 (includes t-shirt)**

**Days and Times**

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| --- | --- | --- |
| **DAYS & TIMES** | **GRADES** | **DATES OF INSTRUCTION** |
| **Tuesdays 5:30-7:00 pm** | **3rd -6th** | **February 14, 21, 28 & March 6** |

**Staff**

**Inside Out Jrs Club Coaches**

**QUESTIONS???**

**E-MAIL isovolleyball@gmail.com**

[website:](http://www.insideoutvolleyball.org) [www.insideoutvolleyball.org](http://www.insideoutvolleyball.org)

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**REGISTRATION INFORMATION**

Participants Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_School:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Address:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Grade:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

City, State, Zip:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Phone:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

E-mail Address: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Circle T-shirt size: XS Small Medium Large **(adult sizing)**

***Form of payment:*** *Cash Check Visa /MC / Discover Amount Enclosed $\_\_\_\_\_\_\_\_\_\_*

*Card # \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Exp. Date \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_*

*Signature \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 3 Digit security code\_\_\_\_\_\_\_\_*

**No prorating or refunds given for missed sessions.**